

Wisconsin Local Wellness Policy Triennial Assessment Report Card

In accordance with the U.S. Department of Agriculture’s Final Rule: Local School Wellness Policy Implementation, all School Food Authorities (SFAs) participating in the National School Lunch or School Breakfast Program must complete an assessment of their local wellness policy, at minimum, once every three years. The assessment requirement is designed to result in local school wellness policies that strengthen the ability of SFAs to create a school nutrition environment that promotes students' health, well-being, and ability to learn. The assessment must measure the SFA’s compliance with their local wellness policy, describe the SFA’s progress toward meeting their local wellness policy goals, and describe how the language in the SFA’s wellness policy compares to the model wellness policy. **The Wisconsin Local Wellness Policy Triennial Assessment Report Card is required to be used by all Wisconsin SFAs in order to fulfill the triennial assessment requirement.**

As part of the Triennial Assessment Report Card, SFAs are required to complete the Wellness School Assessment Tool (WellsAT). The WellsAT allows SFAs to rate the extent to which their policy contains language related to 67 policy items considered to be best practices for school wellness. Please note, the WellsAT only evaluates policy content. If your SFA has implemented best practices but has not included language within the policy, you must select the rating that corresponds with no policy language present. Once completed, an overall comprehensive score and strength score will be calculated. The assessment can be completed electronically at wellsat.org. To complete the assessment electronically, you will need to log-in to the online portal or register as a new user and begin a new assessment. The assessment may be completed manually by downloading the [assessment questions](#) and filling out the [scorecard](#) with your responses.

Completing the Wisconsin Local Wellness Policy Triennial Assessment Report Card

The Triennial Assessment Report Card template can be found starting on page two of this document. Navigate through the fillable form fields and enter the indicated information. The form fields are identified as appearing in brackets and with a gray background ({{Example Form Field}}).

- 1. Assess Compliance with the Local Wellness Policy.**
Enter SFA wellness policy statements and rate the degree of compliance. Delete any rows within the tables that are not needed. Additional rows may be added as needed. Calculate the overall rating by taking the average of all policy statement scores.
- 2. Describe the overall progress made toward meeting policy goals.**
Provide a narrative update describing progress achieved, activities implemented, and plans for future wellness policy implementation.
- 3. Report on results of the WellsAT.**
Describe areas of policy strength and areas for improvement based on the findings of the WellsAT. You may elect to include your WellsAT scores within the Triennial

This institution is an equal opportunity provider.

Assessment Report Card. If you do not want to include your scores, delete the text from the section.

Following completion of the Triennial Assessment Report Card, release the report to the school community. SFAs are required to provide documentation that the results of the triennial assessment were provided to the public as part of the Administrative Review of school nutrition programs. It is recommended you delete this instructional page prior to releasing the report.

Delavan Christian School

Local Wellness Policy Triennial Assessment Report Card

Date Completed: 2023

A local wellness policy guides efforts to create a healthier school environment. Effective wellness policies support a culture of well-being by establishing healthful practices and procedures for students, staff, and families. Schools/districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results, contact Luke Taylor, ltaylor@delavanchristianschool.org.

Section 1: Policy Assessment

Overall Rating:
1.85

Ratings are based on a four-point scale to measure success in meeting/complying with each policy objective.

- 0 = objective not met/no activities completed
- 1 = objective partially met/some activities completed
- 2 = objective mostly met/multiple activities completed
- 3 = objective met/all activities completed

| Nutrition Standards for All Foods in School | Rating |
|--|--------|
| Our school district is committed to serving healthy meals to children, with plenty of fruits, vegetables, whole grains, and fat-free and low-fat milk | 3 |
| DCS is committed to offering school meals through the NSLP program, | 3 |
| To promote hydration, free, safe, unflavored drinking water will be available to all students throughout the school day. and throughout the school campus. | 3 |
| The foods and beverages sold and served outside of the school meal programs will meet the USDA Smart Snacks in School nutrition standards | 2 |
| Foods and beverages that meet or exceed the USDA Smart Snacks in Schools nutrition standards may be sold through fundraisers on the school campus during the school day. DCS will make available to parents and teachers a list of healthy fundraising ideas. | 1 |

| Nutrition Promotion | Rating |
|--|----------------|
| DCS will promote healthy food and beverage choices for all students throughout the school campus, as well as encourage participation in school meal programs. | 2 |
| Implementing at least ten or more evidence-based healthy food promotion techniques through the school meal programs using Smarter Lunchroom techniques; | 1 |
| Ensuring 100% of foods and beverages promoted to students meet the USDA Smart Snacks in School nutrition standards. | 2 |
| | {Select Score} |
| {Insert Policy Statement} | {Select Score} |

| Nutrition Education | Rating |
|--|--------|
| DCS will teach, model, encourage, and support healthy eating by all students. | 2 |

| Nutrition Education | Rating |
|--|----------------|
| DCS will include in the health education curriculum a minimum of 12 of the following essential topics on healthy eating. | 2 |
| DCS strives to teach students how to make informed choices about nutrition, health, and physical activity. | 2 |
| {Insert Policy Statement} | {Select Score} |
| {Insert Policy Statement} | {Select Score} |

| Physical Activity and Education | Rating |
|--|---------------|
| Physical activity during the school day (including but not limited to recess, classroom physical activity breaks, or physical education) will not be withheld as punishment for any reason. DCS will provide teachers and other school staff with a list of ideas for alternative ways to discipline students. | 2 |
| To the extent practicable, DCS will ensure that its grounds and facilities are safe and that equipment is available to students to be active. DCS will conduct necessary inspections and repairs. | 3 |
| DCS will provide students with physical education, using an age-appropriate, sequential physical education curriculum consistent with national and state standards for physical education. | 3 |
| All DCS elementary students in each grade will receive physical education for at least 90 minutes per week throughout the school year. All DCS secondary students (middle school) are required to take physical education throughout all secondary school years. | 2 |
| All elementary schools will offer at least 20 minutes of recess on all days during the school year | 3 |

| Other School-Based Wellness Activities | Rating |
|--|---------------|
| DCS will coordinate content across curricular areas that promote student health, such as teaching nutrition concepts in mathematics, with consultation provided by either the school or DCS's curriculum experts. | 1 |
| DCS will continue relationships with community partners (e.g., hospitals, universities/colleges, local businesses, SNAP-Ed providers and coordinators, etc.) in support of this wellness policy's implementation. | 1 |
| DCS will promote to parents/caregivers, families, and the general community the benefits of and approaches for healthy eating and physical activity throughout the school year. | 1 |
| The DWC will have a staff wellness subcommittee that focuses on staff wellness issues, identifies and disseminates wellness resources and performs other functions that support staff wellness in coordination with human resources staff. | 1 |
| When feasible, DCS will offer annual professional learning opportunities and resources for staff to increase knowledge and skills about promoting healthy behaviors in the classroom and school | 1 |

| Policy Monitoring and Implementation | Rating |
|--|---------------|
| DCS will develop and maintain a plan for implementation to manage and coordinate the execution of this wellness policy. | 1 |
| DCS will retain records to document compliance with the requirements of the wellness policy at the school office and on the school's central computer network. | 3 |
| DCS will actively inform families and the public each year of basic information about this policy, including its content, any updates to the policy, and | 1 |

| Policy Monitoring and Implementation | Rating |
|---|---------------|
| implementation status. DCS will make this information available via DCS website and/or district-wide communications. | |
| The wellness policy will be assessed and updated as indicated at least every three years, following the triennial assessment. | 2 |
| DCS will actively notify the public about the content of any updates to the wellness policy annually, at a minimum. DCS will also use these mechanisms to inform the community about the availability of the annual and triennial reports. | 2 |

Section 2: Progress Update

The DWC scores well on the NSLP standards, but needs to increase promotion of healthy choices outside of it. The DWC also needs to improve communication with parents and community members on the Wellness Policy.

Section 3: Model Policy Comparison

A required component of the triennial assessment is to utilize the Rudd Center’s Wellness School Assessment Tool (WellSAT) for comparison of the Local Wellness Policy to a Model Wellness Policy. The WellSAT includes 67 best practice policy items related to nutrition education; nutrition standards for foods; physical education and activity; wellness promotion and marketing; and implementation, evaluation, and communication. The comparison identified policy strengths and areas for improvement.

Local Wellness Policy Strengths

We do not promote or market foods that do not meet Smart Snacks criteria. Adequate time is allowed for lunch and recess daily.

Areas for Local Wellness Policy Improvement

A written PE curriculum needs to be implemented across all grade levels. We do not meet the minimum minutes of PE per week for any grade levels. There is not

WellSAT Scores

WellSAT scores are calculated for comprehensiveness and strength. The comprehensiveness score reflects the extent to which recommended best practices are included in the policy. The strength score reflects how strongly the policy items are stated. Scores range from 0 to 100, with lower scores indicating less content and weaker language and higher scores indicating higher content and the use of specific and directive language.

Comprehensiveness Score:
76.6

Strength Score:
39.9